



BCMA Burnaby, New Westminster, Tri-cities Women's Branch

SENIORS WELLNESS CIRCLE

**Wednesday, Jan 21,
2015**

**Masjid Al Salaam,
Burnaby**

10.30am to 1pm

**10.30 am - Please Come on time to start the
Exercise session. Wear good shoes.**

**11.15am - Join in the conversation and
discussion on the Seerah of our Beloved Prophet, Muhammad ﷺ.**

12.15pm – Crossword games

12.30pm- Dhur Salah.

Enjoy Lunch

Confirm your attendance: Hazra- 604 2942824

Nisha – 604 5245197

Tazul – tazul_5@hotmail.com